

HENRICO COUNTY - HIGH SCHOOL MENU – OCTOBER 2008 – Media Copy

		1	2	3
		Macaroni & Cheese with Breadstick or MANAGER'S CHOICE Green Beans Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Tuna Salad and Crackers	Chicken Nuggets with Roll or MANAGER'S CHOICE Corn Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	Chicken Pot Pie with Cornbread Topping or MANAGER'S CHOICE Tossed Salad Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Tuna Salad and Crackers
6	7	8	9	10
Sliced Roast Pork with Gravy and Roll or MANAGER'S CHOICE Rice with Gravy Corn Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Turkey & Cheese with Crackers	Stromboli or MANAGER'S CHOICE Green Beans Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	Rotini w/Meat Sauce and Breadstick or MANAGER'S CHOICE Green Peas Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Turkey & Cheese with Crackers	STUDENT HOLIDAY	STUDENT HOLIDAY
13	14	15	16	17
Chicken Nuggets with Roll or MANAGER'S CHOICE Green Peas Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Ham & Cheese with Crackers	Salisbury Steak with Gravy and Breadstick or MANAGER'S CHOICE Whipped Potatoes with Gravy Green Beans Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	Sliced Turkey with Gravy and Roll or MANAGER'S CHOICE Rice with Gravy Corn Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Ham & Cheese with Crackers	Tacos with Cheese or MANAGER'S CHOICE Lettuce & Tomato Salad Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	Trout Tenders with Cornbread or MANAGER'S CHOICE Corn Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Ham & Cheese with Crackers
20	21	22	23	24
Honey BBQ Nuggets with Breadstick or MANAGER'S CHOICE Corn Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Turkey & Cheese with Crackers	Macaroni & Cheese with Roll or MANAGER'S CHOICE Green Beans Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	STUDENT PLANNED MENU	Chicken Rice Bowl with Biscuit or MANAGER'S CHOICE Rice with Gravy Corn Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	Lasagna with Breadstick or MANAGER'S CHOICE Tossed Salad Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Turkey & Cheese with Crackers
27	28	29	30	31
Spaghetti with Breadstick or MANAGER'S CHOICE Tossed Salad Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Tuna Salad and Crackers	Chicken Tetrazinni with Roll or MANAGER'S CHOICE Green Peas Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	Chicken Fries with Biscuit or MANAGER'S CHOICE Rice with Gravy Green Beans Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Tuna Salad with Crackers	Meat Loaf with Roll or MANAGER'S CHOICE Whipped Potatoes w/Gravy Corn Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Taco Salad with Tostitos Nacho Chips	Lasagna with Breadstick or MANAGER'S CHOICE Tossed Salad Subway Cold Cut Combo Little Caesar's Pizza Slice Chicken Filet Sandwich Veggie Patty on Bun Black Bean & Corn Salsa w/Frito-Lay Scoops Chef Salad w/Tuna Salad with Crackers