

**TO: CANDIDATES FOR 2007 - 08 ATHLETIC TEAMS & AUXILIARY GROUPS
AT HENRICO H.S.
FROM: TOM JEREMIAH, DIRECTOR OF STUDENT ACTIVITIES**

We are happy that you have chosen to try-out for one of our athletic teams or athletic auxiliary groups. These forms should **not** be separated and **all pages** must be completed and returned to your coach **before** you may be permitted to try-out. **These forms must be signed by your physician, your parent/guardian, and by you.** This form is good for all sports during the 2007-08 school year.

To participate during the 2007-08 school year, your physical **must be dated on or after May 1, 2007.** **The physician must sign this form.** **Do not attach other physical forms** (camp forms, middle school athletic forms, work permit forms, school enrollment physical forms, etc) as these **cannot** be accepted.

PLEASE PRINT

LIST ALL SPORT (S) _____

ATHLETE'S NAME _____
LAST NAME FIRST NAME MIDDLE INITIAL

PARENT'S NAME (S) _____

WORK PHONE #'S _____

HOME PHONE NUMBER _____ CELL NUMBER _____

WHAT SCHOOL DID YOU ATTEND IN 2006-07? _____

DO YOU LIVE WITH YOUR PARENT (S)? _____ IF NOT, WHO DO YOU LIVE WITH? _____

IF YOU DID NOT GO TO HENRICO H.S. OR WILDER MIDDLE IN 2008-07, PLEASE EXPLAIN YOUR TRANSFER TO HENRICO H.S. . _____

PLEASE READ THE STATEMENTS BELOW CAREFULLY & SIGN AT THE BOTTOM

Athletic participation is a privilege and, as such, requires that you adhere to certain rules that may not apply to all students. In addition to Virginia High School League rules, the following rules apply to all athletes and athletic auxiliary groups.

(1) You are expected to attend school/class every day unless you have an acceptable excuse. If you are absent or leave school early due to illness, you may **not** practice or play that day.

(2) As an athlete, you represent Henrico H.S., your team and your parents. You are expected to behave like a responsible and mature young adult at all times.

(3) You are expected to attend all practices, games, and meetings of your team unless a prior excuse is arranged with your coach. **If there is a conflict between practice and games of an outside team and your school team's practice or game, you shall attend the school teams practice or game.** Practice is mandatory. No athlete should expect to play in a game without attending practice. Excessive absence from practice will result in dismissal from the team. The athlete shall give the coach advanced notice if practice is to be missed.

(4) You must travel to and from away contests with your team.

(5) Athletes must be on time for each scheduled practice and game.

(6) Extremes in hairstyles or dress are not permitted. You are expected to dress neatly and be well groomed.

(7) The coaching staff of each sport will generate any additional team rules and consequences determined to be necessary for their sport.

(8) You are financially responsible for lost, damaged, or stolen school equipment issued to you.

I have read and understand and agree to abide by the rules listed. I am aware that a violation of these rules can involve penalties up to and including my being dismissed from the team.

DATE _____, STUDENT

_____, PARENT/GUARDIAN

_____, HEAD COACH

OVER

General Team Rules to Apply to All Henrico H.S. Teams, Athletes and Coaches

1. Athletes and coaches are to demonstrate good sportsmanship at all times.
2. Any athlete or coach who engages in a verbal or physical confrontation with teammates, coaches, opposing players or coaches, officials, or spectators may be immediately dismissed from the team
3. Stealing from teammates is strictly prohibited and will result in immediate dismissal from the team.
4. Athletes are required to complete and submit to their coach the “High School Athletic Emergency Card”; all parts of the VHSL “Athletic Participation/Parental Consent/Physical Examination” form; this cover letter; and the “HCPS Student Activities Contract”. **Failure to complete these documents will result in the athlete being held off the team until they are completed.** The VHSL Physical form, the cover letter and the Student Activities Contract are kept on file in the school Activity Director’s office. The emergency information card is to be kept by the coach and available at all times at all practices and games. .
5. Athletes are under the rules and policies of Henrico County Public Schools at all times when involved in school related events whether home, away, or on the bus.